

POOC 2024

PUNE OFFICE ORTHOPEDICS COURSE

Recent Advances in Non-Surgical Treatments

Date : Sunday, 24th November 2024

Venue : Hotel Ramee Grand, Pune

EXPERT FACULTY

- Dr. Aditya Daftari
- Dr. Amit Kale
- Dr. Amit Mahajan
- Dr. Bharati Devkar
- Dr. Dhananjay Chavan
- Dr. Jawahar Jethwa
- Dr. Kiran Shete
- Dr. Madan Ballal
- Dr. M S Malvadkar
- Dr. Mohan Magdum
- Dr. Mytri Makam (PT)
- Dr. Narayan Karne
- Dr. Ninad Baste
- Dr. Pankaj Sharma
- Dr. Prashant Tonape
- Dr. Pravin Patil
- Dr. Rahul Chaudhari
- Dr. Rajesh Parasnis
- Dr. Sachin Tapasvi
- Dr. Salim Patel
- Dr. Sampat Dumbre
- Dr. Sanjeev Bhandari
- Dr. Sanjog Mekewar
- Dr. Sham Shinde
- Dr. Shraddha Potdar
- Dr. Suhas Kamble
- Dr. Varsha Bhatt
- Dr. Varshali Keniya

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Recent Advances in Non-Surgical Treatments

SCIENTIFIC PROGRAMME

Time (24 Nov 2024)	Minutes	Sessions And Topics
8.00 AM to 8.30 AM	30	Registration and Breakfast
8.30 AM to 10.10 AM	100	CLINICAL AND BEYOND
	12	Calcium Supplements - Which, When And How Much ?
	12	Basics Of MRI Film Reading
	12	OPD Records - Medicolegal Aspects
	12	Common Pitfalls In Clinical Diagnosis
	12	Building Trust Online: Through Digital Platforms
	12	Principles Of Radiofrequency Ablation and Applications
		Panel Discussion
	20	Painkillers In OPD Practice (NSAID, OPIOIDS ETC.)
	10	Vitamins And Supplements - Evidence Or Market Driven ?
	10	Q and A
10.10 AM to 10.20 AM	10	INAUGURATION
10.20 AM to 12 Noon	100	SPINAL CONUNDRUM
	12	Normal Imaging BUT Chronic LBP - What Next ?
	12	SI Joint - Most Common and Most Ignored
	12	Coccydynia - Real Pain In Tail
	12	Radiofrequency - Effective Tool For Spinal Pain
	12	Cervical PIVD With Radiculopathy - Treatment Dilemma
	12	Chronic Fatigue Syndrome
	12	PIVD - Are All Symptoms Due To Compression Alone?
	6	Q and A
		Panel Discussion
	10	Epidural Injection - Type, Dose, Timing and Technique
	10	When Not To Operate In Spinal Pain?

[Click here for Registration Link](#)

SCIENTIFIC PROGRAMME

Time (24 Nov 2024)	Minutes	Sessions And Topics
12 Noon to 1.30 PM	90	RHEUMATOLOGY AND OSTEOPOROSIS
	12	Challenges In Investigating A MSK Rheumatology Patient
	12	Game Changers In Autoimmune MSK Disorders
	12	Beyond NSAIDs And Before TKR For OA Management
	12	Understanding Osteoporosis And FRAX Score
	12	Bisphosphonates, Denosumab And TPH - When And How?
	10	Q and A
		Panel Discussion
	10	When To Co-consult With Rheumatologist?
	10	Does Prevention For Osteoporosis Really Work ?
1.30 PM to 2 PM	30	LUNCH BREAK & NETWORKING
2:00 PM to 3:00 PM	60	PERIARTICULAR CONDITIONS
	10	Periarticular Injections
	10	Foot Pain - What Works And What Does Not
	10	Post-Viral Arthralgia - Recent Advances
	10	Role of USG In MSK Injections
	10	Q and A
		Panel Discussion
10	Frozen Shoulder - Result Based Approach	
3:00 PM to 4:00 PM	50	ASSOCIATED THERAPIES
	10	All Chronic MSK Pains Are Psychosomatic ?
	10	Knee And Lumbar Supports - Which, When and How ?
	10	Role Of Foot Biomechanics In MSK Pain
	10	Physiotherapy - What Shall I Know ?
	5	Q and A
		Panel Discussion
5	How Does Pillow, Mattress and Posture Play Role In Pain	
4:00 PM to 5:00 PM	70	ORTHOBIOLGICS
	12	PRP- Biohacking The Body From Within
	12	Role Of ACS In Knee OA
	12	Tendinopathies And PRP
	12	Ossinext : AGFC The Way Forward In Management Of Knee OA
		Panel Discussion
	10	PRP - Type, Preperation, Technique and Protocol
12	When and Which Regenerative Therapy For OA Knee	

[Click here for Registration Link](#)